



Fork Truck Refresher Training

This course refreshes recently trained employees in the theory and safe use of a Fork truck

On completion of this course participants will be able to;

- Use Forklift trucks without danger to people and property
- List the steps to take to ensure effective maintenance

Course Programme:

- Brief summary of the Safety, Health and Welfare at Work Act, 2005
- Explanations of principle behind Fork Truck
- How to deal with pallet loads
- Overloading
- Battery care and general maintenance
- Practical exercise and assessment of skills

Methods of Training

This course is based on classroom methods and practical lessons with Forklift Trucks

Duration

One Day

Maximum number of participants

3 people per course