



## FORK LIFT TRUCK BEGINNERS

This course is suitable for new drivers or drivers with little experience and no certification. The course consists of theoretical and practical training and testing. Certificates to the I.I.P.M.M (Irish Institute of Purchasing and Materials Management), are awarded to successful participants.

### Why go on this course?

Operating a forklift is a specialised skill. Many accidents are caused by untrained drivers operating trucks in ignorance of the special conditions that apply to forklifts. This course is aimed at individuals new to forklift truck driving. Certificates are awarded to participants who are successful in the theoretical and practical tests. A confidential assessment on each operator's abilities is also provided.

### On completion of the course participants will be able to:

- **Demonstrate** safe operating skills
- Avoid danger to people and property
- Carry out an inspection of the forklift truck
- List the consequences of taking certain kinds of chances
- Load and unload safely
- Refuel/recharge forklifts
- Handle awkward loads

### COURSE CONTENT

#### Theoretical Training

- Operator's safety code
- Daily inspection
- Hydraulic inspection
- Operating practices
- Written test
- Feedback

#### Practical Training

- Introduction to the forklift truck
- Controls and instruments
- Daily inspection, take over and maintenance
- starting, stopping and steering
- Simple corners and manoeuvring
- Operation of hydraulic controls



# Advanced National Training Services

Health & Safety Training & Consultancy

- Weight assessment
- Handling pallets
- Manoeuvring in confined spaces
- Handling awkward loads
- Skill tests

## **Methods of Training**

This course is based on classroom methods and practical lessons on forklift trucks

## **Duration**

5 Days

## **Maximum number of participants**

3